





# CHAUDHARY RANBIR SINGH UNIVERSITY, JIND, HARYANA, INDIA DEPARTMENT OF PHYSICAL EDUCATION

**Organizing** 



Days
International
Conference
On

# "RECENT TRENDS AND ADVANCES IN PHYSICAL EDUCATION AND SPORTS SCIENCE"



1<sup>st</sup> and 2<sup>nd</sup> March 2023

**Registration Link:** 

http://crsuiums.com/(S(saxxe324wrdpaqtwf3gykw0m))/Login Page Physical.aspx WhatsApp Group Link: https://chat.whatsapp.com/GUkqPwEIW0GFHyymrOPQP6 Submit Your Article on: icpecrsu2023@gmail.com

#### Patron – in - Chief



**Dr. Ranpal Singh**Hon'ble Vice Chancellor, Chaudhary Ranbir Singh University, Jind

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University, Jind



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**Dr. Kuldeep Nara**Chairperson, Dept. of Physical Education
Chaudhary Ranbir Singh University, Jind

#### Co - Conveners



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CRSU



**Dr. Parveen Gahlawat**Assistant Professor
CRSU



**Dr. Naveen Ladwal**Assistant Professor
CRSU



**Dr. Rohit Rathee**Assistant Professor
CRSU

# **Organizing Secretaries**



**Dr. Jitender Kumar** Assistant Professor CRSU



Dr. Parveen Kumar Assistant Professor CRSU

#### **About the Conference**

The importance of physical education has never been emphasized more than it is today. It is always recognized that physical education and sports is relevant and important in developing an active and healthy lifestyle worldwide. Technology and online learning have rapidly become core elements in educational institutions. The ability to adjust learning methods are emerging in an endless stream, the proposal and practice of the "internet +" plans provide new ideas physical education students online entrepreneurship. A new concept of leadership, which is technological leadership, needs many accurate scientific methods and techniques that require expertise and pioneering disciplines, which requires those in charge to perform their work in a high manner by achieving technological leadership.

The aim of this conference it to identify the current trends and challenges in physical education and sports science, and based on these current challenges future trends and challenges will be discussed. There are various factors which are diminishing the interest of students in physical education activities. The future challenges to make this field interesting and involves an adequate curriculum, sufficient funds allotment for holding various competitions and role of technology to create awareness about the importance of physical activities and sports in our daily life. All these issues will be discussed in the present conference.

# **About the University**

Chaudhary Ranbir Singh University, Jind was established in 2014, CRSU, Jind is a young institution which is making all out efforts to establish itself as one of the leading higher education institutions in the country. We are pursuing our vision to create most conducive ambience for the creation and dissemination of knowledge guided by innovative thinking, scientific enquiry, sublime human values, sustainable ecology and democratic ethos.

Chaudhary Ranbir Singh University is dedicated to provide congenial academic environment for nurturing the young minds to take on the challenges posed by globalization and advancements in different areas of knowledge. In consonance with the vision of country's top leadership as reflected in the National Education Policy (NEP) 2020, the university focuses on producing trained human resource which has extensive knowledge, modern skills, diverse abilities, leadership qualities, entrepreneurial abilities, and strong cultural and ethical values as guiding spirit. Importantly, the courses offered are very carefully designed keeping in view the functionality of output to bridge the gap between higher education and employment.

As we look to the future, one thing is certain - technology and knowledge will be key resources, most sought after within the country and around the world. Therefore, it is our paramount duty to help generate ideas that will benefit society, and to educate and train people to work in the fields where they will be valued for their specialized knowledge. Our acumen to research, communicate and solve issues is to be improved upon from time to time. To meet these challenges, we are undertaking alliances with research institutions, partnership with Government and other agencies. We are leaving no stone unturned to ensure the quality of our academic programs and excellence of our teaching, learning and research.

Let us all work towards creating an environment of stimulating intellectual dialogue across disciplines and harvesting knowledge with a cutting-edge through high quality teaching, research, and extensions activities leading to the generation of students who would provide leadership, vision and direction to society.

#### **Sub - Themes of the Conference**

- Recent Developments in exercise training and sports science
- Psychological methods to improve mental health and sports performance
- Psychological Coping strategies
- Scientific development and use of the scientific approach in physical education and sports
- Futuristic scope in Physical Education
- Curriculum aspects in implementing Physical Education as a subject in academic institutions
- Recent research in physical education and sports science
- Need for Human performance laboratories in Physical Education and Sports
- Business, E-Commerce, Economic Strategies, and research in the sports industry
- Use of IT in Physical Education and Sports Performance
- Yoga for Sports Performance
- Scope in Sports Journalism
- Injury Management and Rehabilitation
- Nutritional Aspects of Sports Performance
- Sports for Society
- Gender Issues in Sports

Any other good quality research article which relates to the theme will be considered. Research articles are invited from research scholars and eminent facilities from physical education, sports, health, and technology to share the research contribution dealing with the topic.

#### **Important Dates and Fee Structure**

Full Paper Submission (Through Email Only)	25 Feb 2023
Registration	27 Feb 2023

Particulars	Fee
Indian Delegate	1000 INR
Indian Students/Research Scholars	700 INR
Foreign Delegate	Exempted
Foreign Students/Research Scholars	Exempted

<sup>:-</sup> Selected articles will be published in peer-reviewed/refereed research journals indexed in an international database.

### **Paper Submission Guidelines**

Submit your research article on the email given below:

Email: <u>icpecrsu2023@gmail.com</u>



Research Article should contain abstract and detail methodology as per below given format: -

- Title
- Author Affiliation
- Author Email ID
- Abstract
- Key Words
- Introduction
- Methodology
- Result
- Conclusion
- Discussion
- References

# **Advisory Committee**

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# **Organizing Committee**

- Dr. Kuldeep Nara
- Dr. Naresh Kumar
- Dr. Parveen Gahlawat
- Dr. Jitender Kumar
- Dr. Parveen Kumar
- Dr. Naveen Kumar
- Dr. Rohit Rathee

The mode of the conference will be in both offline/online

#### **Seminar Venue**

Auditorium, Teaching Block – I Chaudhary Ranbir Singh University, Jind, Haryana, India

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