



Chaudhary Ranbir Singh University

Established by Govt. of Haryana Legislature Act No.28 of 2014

(Recognized Under Section 12(b) & 2(f) of UGC Act, 1956)



Prof. Rajbir Solanki
Chief Patron



Prof. Rajesh Punia
Patron

International Webinar

On

**“HOLISTIC APPROACH FOR LIFE: AN INDIAN
PSYCHOLOGY PERSPECTIVE”**

15th July, 2020

Event Speakers



Prof. Girishwar Misra
Former V C, Central
University Wardha,
Maharashtra



Dr. Naveen Kumar
BARC,
Delhi University



Dr. Abraham Francis
James Cook University,
Australia

Department of Psychology

Kindly note the following points:

- * Registration is free of Cost.
- * You are required to register for Event in Advance.
- * You are requested to join the WhatsApp group.
- * Kindly join the Program on Time.
- * After Joining mute your Audio and off your video.
- * During Question Answer session, type your question in chat box.
- * Certificates will be provided to the participants.

Organizing Team

Director

Dr. Sonu Madan

(Chairperson, Dean of Social Sciences)

Convenor & Organizing Secretary

Dr. Alka Seth

(Asst. Prof, Dept. of Psychology)

Joint Secretary

Dr. Shiv Kumar

(Asst. Prof, Dept. of Psychology)

Topics to be Discussed:

1. In search of Self and Identity
2. Stress and Coping: Exploration from Bhagvad Gita Perspective
3. Mental Health in Higher Education: Promoting wellbeing through Curiosity, Creativity, and Compassion